



Houston PTA Track - Group 11 Course Schedule

Course #	Module	Comments	Total Hrs	Dates
1	<i>Foundations</i>	<i>Patient handling and interview concepts, impact of manual therapy indications/ contraindications, relevant biomechanics, pain neuroscience, intro to common manual therapy techniques, patient communication and education, treatment paradigm</i>	14 hrs.	<i>Jan 4/5, 2025</i>
2	<i>Lumbar Spine</i>	<i>Lumbar relevant anatomy, treatment-based classification, SI joint, manual therapy techniques, strength assessment and exercise</i>	8 hrs.	<i>March 15, 2025</i>
3	<i>Cervical Spine</i>	<i>Cervical and thoracic, anatomy, biomechanics, cervical and thoracic manual therapy and exercise</i>	8 hrs.	<i>May 17, 2025</i>
4	<i>Extremities</i>	<i>LQ/UQ manual therapy and exercise</i>	8 hrs.	<i>Aug 2, 2025</i>
5	<i>Final Exam</i>	<i>Written and Practical</i>	3 hrs.	<i>Sept. 27, 2025</i>