



## Dallas COMT Group 6/ Pre-Fellowship Course Schedule

Course	Module	Curriculum	Dates
1	Orthopedic and Manual Therapy Foundations Lumbar	Communication and education, review of systems, regional interdependence, mechanotherapy and tissue loading, impact of manual therapy, intro and review of adverse nerve tissue, journal critique, manual therapy techniques	<i>March 29-30 2025</i>
2	Lumbar	Quiz, 2- Case Presentations, 1-Article Discussion, OSCE, Peripheral, central, homeostatic systems pain contributions, mechanisms of pain, pain theories, contextual architectures of pain, motivational interviewing, pain neuroscience, patient interview, management, examination, treatment, exercise, sleep	<i>May 31-June-1 2025</i>
3	Pain Science	Quiz, 2- Case Presentations, 1-Article Patient communication and education, review of systems, regional interdependence, mechanotherapy and tissue loading, impact of manual therapy, intro and review of adverse nerve tissue, journal critique, manual therapy techniques	<i>Aug 16-17 2025</i>
4	Cervical	Quiz, 2- Case Presentations, 1- Cervical Article Discussion, OSCE, Cervical differential diagnosis, Treatment Based Classification and Clinical Practice Guidelines, Anatomical Considerations, Movement impairment, Cervical Stability, Nerve palpation and reflexes and nerve tension testing, Mobility assessments, Cervical manual therapy, cervical exercises, movement impairment syndromes	<i>Oct 4-5 2025</i>
5	Lower Quarter	Quiz, 2- Case Presentations, 1- Lower Quarter Article Discussion, OSCE, Hip anatomy and differential diagnosis, hip assessment, knee differential diagnosis and biomechanics, knee outcome measures and exercise, review lumbar and cervical techniques, Hip movement impairment syndromes (real time case study), hip manual therapy, ankle/ foot differential- diagnosis, assessment, treatment.	<i>Dec 6-7 2025</i>
6	Upper Quarter	Quiz, 2- Case Presentations, 1- Upper Quarter Article Discussion, OSCE, Shoulder- anatomy, evaluation, movement impairment syndrome and symptom modification, manual therapy, exercise, whiplash literature update, Lower quarter manual therapy review, Elbow- anatomy, ddx, exam, and treatment, wrist and hand- anatomy, ddx, manual therapy and exercise, surgical techniques	<i>Jan 31-Feb 1 2026</i>
7	Final Exam/ Fellowship Entrance Exam	50 Questions covering workbook and power point lectures, Practical exam covering differential diagnosis, special test, muscle length and strength, nerve provocation, manual therapy, and exercise regression/ progression for each body region	<i>Mar 21 2026</i>